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Hello!

We are pleased to offer the Medicare **free** benefit called the Annual Wellness Visit. During this visit we will work with you to make a plan for how to stay well.

What is the Annual Wellness Visit?

- This visit is for talking with your healthcare team about your medical history, your risk for certain diseases, the current state of your health and your plan for staying well.
- You may see your doctor or you may see the registered nurse for this visit.
- We will measure your height, weight and blood pressure.
- We might refer you for screenings or services outside of the appointment.

How is the Annual Wellness Visit different from other visits?

- This is not the same as a yearly physical exam.
- We will not listen to your heart and lungs or check other parts of your body.
- You probably will not get screenings or blood tests during this visit (unless you are scheduled for them already).
- We would want to schedule another appointment if you are not feeling well or are concerned about a medical problem.

When do I get it?

You can receive a Wellness Visit (“Welcome to Medicare”) during the first 12 months you are enrolled in Medicare Part B. You can then schedule a Wellness Visit once a year.

Who pays for it?

- Medicare will pay for the Annual Wellness Visit so you will have no out of pocket expense.
- You might have a copayment for some screening services and follow up visits.
- If you receive additional tests or services during the same visit that aren’t covered under these preventive benefits, you may have a co-pay and the Part B deductible may apply.

Things to bring to your Annual Wellness Visit:

Please complete all the forms in this packet and bring them to your visit.

Please bring a list of you medications with you, including over-the-counter drugs, vitamins, and herbals.

We look forward to working with you to make a plan to help you stay well.

Appointment Date and Time: _____

You are scheduled with: _____